
Non-Melanoma Skin Cancer and Cutaneous Melanoma

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Non-Melanoma Skin Cancer and Cutaneous Melanoma

Surgical Treatment
and Reconstruction

 Springer

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Foreword

In September 2013, I attended the Fourth International Congress of Plastic and Reconstructive Surgery in Yerevan, Armenia. At that meeting, Professor Othon Papadopoulos told me that he was in the process of editing a new textbook on skin cancers. That project is now completed, and he has been kind enough to let me read this final product before publication.

In the preface to this book, Professor Othon Papadopoulos explains that this project initially began about melanoma of the skin, but he eventually expanded it to cover all of skin cancers. To be inclusive, he called upon numerous experts for a multidisciplinary approach to the treatment of the various disorders.

As I read this book, it is quite apparent that he has succeeded in his vision. This book is so complete and comprehensive with the various common, less common, and even rare diseases that are reviewed and elaborated extensively, that it approaches almost encyclopedic in its scope. It includes lengthy discussions in the diagnosis, differentiation, staging, and selection of treatment options. The voluminous illustrations add great value to the written text.

This book is the product of extensive work and reflects the expertise of numerous experienced authors from European, American, Australian, and Asian institutions and should be a welcome addition to the bookshelves of medical students, trainees, as well as practicing physicians.

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Preface

Upon considering Springer's proposition to author a book on melanoma of the head and neck, the idea that sprang was "why not a book on cutaneous melanoma in general?" Furthermore, I wondered why not a book on skin cancer and cutaneous melanoma since reconstruction of these distinct cutaneous tumors is almost similar. It was an ideal opportunity to include my knowledge and experience of over five decades in this field.

I asked the cooperation of Professor Nikolaos Papadopoulos and Dr. Grigorios Champsas as my co-editors and I thank them.

Professor Nikolaos Papadopoulos, was at the time moving back to Greece after his long journey for many years across Europe, and lately at the Munich Technical University in Germany. Thanks to his excellent reputation and his high-level expertise, his contribution has been valuable both by his chapters and by his invitation to several authors.

Dr. Grigorios Champsas was one of my closest assistants in the last 20 years. He is a recognized expert in this field with an excellent clinical and research experience at the Medical School of National and Kapodistrian University of Athens. By choosing him as a co-Editor, I wanted to honor all my colleagues who gave so freely of their time, expertise and their valuable help all these years.

The expertise of some internationally renowned plastic surgeons was sought after so that they could author various chapters of this book. I explicitly stated that the book must be characterized by utter excellence concerning the manuscript. Moreover, I emphasized the importance of quality photography that must be incorporated in each and every chapter in order to make the chapters pleasing and comprehensible to the reader.

The treatment of cutaneous melanoma and skin cancer is a multidisciplinary complex matter and does not entail solely the involvement of plastic surgery; thus I invited colleagues who are proficient in several medical specialties in order to portray the complex diagnostic and therapeutic modalities concerning cutaneous melanoma and skin cancer.

I specifically strived to edit a book that is simple and clinically oriented in order for readers to apply the vast experience of multiple authors in their everyday clinical practice. The scope of the book is to provide knowledge on

the diagnosis and treatment of cutaneous melanoma and non-melanoma skin cancer. I hope this book will be helpful for students, trainees, plastic surgeons, and all medical experts involved in this field. In several chapters, overlap of knowledge was unavoidable. Nevertheless, I feel that this overlap is a catalyst to master the diagnosis and treatment of these cutaneous tumors.

The book has 32 chapters and is divided into four parts: Multidisciplinary Approach, Reconstruction of Localized Non-Melanoma Skin Cancer and Cutaneous Melanoma, Surgical Treatment and Reconstruction of Lymph Node Metastases, and Surgical Treatment of Lymphedema.

This book would never be complete without the invaluable dedication of numerous colleagues, the priceless support of my associates, fellows, our patients, and of course the contribution of Springer.

I thank them.

Athens, Greece

Othon Papadopoulos

Acknowledgments

Surgery among medical specialties was the one that moved me in my early academic years. Therefore, I started my practice in general surgery under the supervision of Professor Gregory Skalkeas, who taught me the basic principles. Moreover, Professor Skalkeas engraved in my mind what the surgeon's responsibility means both to the patients and to my colleagues. I thank him and always mention him for his kind support and trust in me.

In a short time, I realized that I needed to specialize in the field of general surgery. My desire to achieve immediate therapeutic results for patients is what led me to surgery, but innovation and creativity are what finally instilled my passion for plastic surgery under the guidance of Dr. George Kotsianos. I thank him for his support and assistance in preparing my thesis and in continuing my training in Paris.

Professors Claude Dufourmentel and Roger Mouly at Saint Louis Hospital in Paris were the ones who taught me modern plastic surgery, both reconstructive and aesthetic, assisted by Dr. Daniel Marchac and Professor Pierre Banzet. I thank them all for the important role they played in my career.

Furthermore, critical stepping stones in my clinical and academic evolution were training in Pitier-Salpetriere Hospital next to Professor Jean-Marie Vaillant in oral and maxillofacial surgery and in Saint Vincent de Paul Hospital next to Dr. Bernard Pavy in pediatric plastic surgery. I thank them both.

At the time, microsurgery was a discipline at its infancy being practiced in individual training centers, one of which was Saint Vincent Hospital in Melbourne, with the world-renowned research center under Professors Bernard Mc O'Brien and Wayne Morrison. My training there, both clinically and in research, helped me complete my fellowship. I also thank them.

However, the most important advance in my career, after my return to Athens, was offered to me by Professors John Stratigos and Gregory Skalkeas at the Andreas Sygros Hospital and Laiko Hospital, respectively.

Professor of Dermatology John Stratigos founded and supported the Department of Plastic Surgery in Andreas Sygros Hospital which I had the honor of leading for 34 years.

Professor of Surgery Gregory Skalkeas introduced me to the National and Kapodistrian University of Athens, Medical School, where I evolved as an academic through the entire hierarchy. Moreover, I became the first Full Professor and Chairman of the first University Clinic of Plastic Surgery which

I founded at Thriasio Hospital—Latsio Burn Center. My gratitude for these two teachers is immense.

This book is a life's work from the two aforementioned hospitals and marks the fruitful end of my career cycle in the exciting specialty of plastic surgery.

The honor bestowed on me by Professor Stephan Ariyan to foreword this book is proof of the quality of our work and I thank him warmly.

I would like to thank the two hard workers Co-editors Professor Nikolaos Papadopoulos and Dr. Grigorios Champsas, the authors of the various chapters, as well as my collaborators:

Dr. Karantonis Fotios – Filippos

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Dr. Frangoulis Marios

Dr. Champsas Grigorios

Dr. Kostopoulos Epaminondas

Dr. Karypidis Dimitrios

Dr. Vakis Georgios

Mrs. Champsas Helene

who contributed significantly to the proper functioning of the Department of Plastic Surgery at Andreas Sygros Hospital and to the writing of this book.

My gratitude to the nursing staff of the Plastic Surgery Department of Andreas Sygros Hospital and to the patients is more than appropriate.

Springer Publishing has done a remarkable job, and I thank all those who contributed to the completion of this book.

Last, but not least, I would like to thank my wife Katia and my sons Nikola and Stathis who have encouraged me throughout this endeavor.

Athens, Greece

Othon Papadopoulos

Acknowledgments

During my career, I have had the good fortune to be inspired and mentored by master surgeons who have helped to shape our specialty. When I was a medical student at Perugia University in Italy, I was introduced to the fascinating world of plastic surgery by *Professor Cristiano Domenici*. Prof. Domenici's skill and innovation inspired me to become a plastic surgeon. Three years later, I entered the excellent residence program at Klinikum rechts der Isar of Munich Technical University in Germany. There I learned the essentials of plastic, reconstructive, and aesthetic surgery under the tutelage of four outstanding gifted plastic surgeons: Axel-Mario Feller, Peter Graf, and Juergen Schaff, under the wise leadership of Edgar Biemer, who guided me and helped me to increase my self-confidence when performing plastic and reconstructive surgery. After my board certification, I have worked almost for ten years extensively with *Professor Edgar Biemer*, who as a true gentleman, outstanding teacher, and extraordinary pioneer guided me and helped me to the exploration of the amazing potential of reconstructive surgery, but also of plastic and aesthetic surgery. Furthermore, on my way back home, I have met another wonderful teacher, excellent researcher, and a true academician, *Professor Panayotis N. Soucacos*, who made me love science even deeper! Ultimately, I relocated to Athens and work together with a great educator, an innovative surgeon, and a charismatic academic leader, *Professor George K. Zografos*, exploring the amazing potential of breast reconstruction and lymphedema treatment. Finally, my brother *Professor Moschos A. Papadopoulos*, who followed me during all my career, in all its up and downs, as an amazing companion, an astonishing adviser, and a brilliant academician. All these mentors and friends have shaped my destiny, and I am sincerely grateful to them!

Many people have contributed to the production of this book. It represents the culmination of ideas and concepts from all over the world. I would like to acknowledge all of the experts and friends who helped to make it possible.

This book started while I was moving back to Greece, after my long journey for many years across Europe, as the Editor-in-Chief, *Professor Othon N. Papadopoulos*, to whom I'd like to express my thanks, asked me to serve as Co-Editor.

A special word of thanks is also due to the contributing authors. Each of the individuals was chosen for his or her special expertise. Indeed, efforts were made to invite plastic surgeons across the world who are experts in each specific subject to contribute chapters to this book. From the very beginning

as I contacted the first authors, most of them being also good friends as well, I received such a positive feedback and plenty of suggestions that we decided to expand our invitation also to other colleagues from all over the world, from South America to Japan and from North America to Australia. Almost all the authors have either developed or introduced sophisticated approaches or have been actively involved in their clinical and research practice. I am grateful for their willingness to share their wisdom and to invest their time in this great effort! To my knowledge, no other book in the international literature deals with the surgical treatment and reconstruction after skin cancer and cutaneous melanoma from the plastic surgeon's point of view!

The book is divided into four parts: "Multidisciplinary Approach," "Reconstruction of Localized Non-Melanoma Skin Cancer and Cutaneous Melanoma," "Surgical Treatment and Reconstruction of Lymph Node Metastases," and "Surgical Treatment of Lymphedema." In the last part, the Surgical Management of Lymphedema has been described, with the contributions from three pioneers in this field to whom my special thanks are addressed.

Finally, I would like to thank our families, staff, and fellows, and of course our patients who have provided the surgical challenges.

Dedicated to my son, Apostolos

Alexandroupoli & Athens, Greece,
and Munich, Germany

Nikolaos A. Papadopoulos

Acknowledgments

The specialty of plastic surgery has fascinated me since I was a student, which made my career choice easy. During my studies and my specialty, I was privileged to have excellent and dedicated teachers of high scientific level and an inspiring disposition to transmit knowledge.

I came in contact with the highly demanding and challenging field of surgical resection of skin tumors and their functional and aesthetic reconstruction, at the Department of Plastic Surgery of “Andreas Sygros” Hospital, a reference hospital for skin diseases, under the direction of Professor Othon Papadopoulos.

I would like to express my sincere appreciation and my gratitude to the following individuals:

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My patients who made me a better doctor and a better person

My godfather Spyridon Mouloupoulos, Emeritus Professor, National and Kapodistrian University of Athens, Medical School, for the timeless inspiration that was for me through his great career and his contribution to medical science

My family for their emotional support and, especially, my beloved parents, George and Rodanthi, whose precious memory always accompanies me

Dr. Grigorios Champsas

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